

Increase Peace

WITH THESE 12 BIBLICAL CONCEPTS

ELIMINATE
HURRY

DOWNSIZE
EXPECTATIONS

BE
MERCIFUL

ADMIT
MISTAKES

GET RIGHT
WITH GOD

LAUGH
MORE

EXPERIENCE
GOD'S LOVE

TAKE CARE
OF YOURSELF

KNOW WHAT
TRIGGERS
YOUR ANGER

TRUST GOD
& HIS
SOVEREIGNTY

LEARN TO
SAY NO

PRAY ABOUT
EVERYTHING